

# Online Events Schedule - May



**Osteoporosis and Bone Health.**  
**The work of the Royal Osteoporosis Society**  
Friday 3 May at 2pm

Susan Doyle from the Royal Osteoporosis Society (ROS) will review the condition of Osteoporosis which affects 3.5 million in the UK

**110 Years of Aviation History in Hertfordshire, 1913 - 2023**  
Tuesday 7 May at 10am

In this meeting of Flight Inspirations, u3a Aviation group, Guy Thomas will speak on 110 years of Aviation Heritage History in Hertfordshire



**Laughter Yoga with Judith (Jan-Jun)**

Next Session: Wednesday 8 May at 10am

Join Judith of Edinburgh u3a for monthly Laughter Yoga sessions.

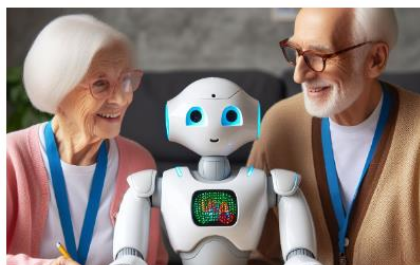
**The Harlem Renaissance**  
Thursday 9 May at 2pm

Join Irene Kiffin, London u3a, for a talk on the Harlem Renaissance movement.



**AI Chatbots, a beginner's guide**  
Friday 10th May at 10am

Join Barry Claydon, u3a Subject Adviser for this introduction to Chatbots, at a gentle pace.



**Exploring World Faiths: Religious Mysticism**  
Monday 13 May at 10am

Mysticism is an important part of many religions, but what is it?  
Hosted by Exploring World Faiths Subject Adviser, Dr Peter Rookes



*u3a online national talks, workshops and events – free online via zoom*  
**SEE MORE AND BOOK** at [www.u3a.org.uk/events/educational-events](http://www.u3a.org.uk/events/educational-events)



### Turner's Timeless Treasures

Tuesday 14 May at 10am

Catherine Stevenson of Newcastle u3a looks at the timeless work of Turner as part of the series - National Gallery Treasures Exhibitions.

### Antibiotics - discovery, mechanisms, and future issues

Wednesday 15th May at 10am

The history of the discovery of antibiotics, which began before the discovery of penicillin. Talk 4 of 6 by Dr Mike Trevethick of Thanet u3a



### The Story of the Workhouse - Welfare in England Before 1948

Friday 17th May at 10am

A look at the origins and evolution of the workhouse, the buildings, life for inmates, and whether it was as grim as it's often painted, by Peter Higginbotham



### The Stories of Eva & Istvan Wirth

Friday 17 May at 2pm

David Wirth, a speaker from Generation2Generation, tells the story of Eva Wirth 1923 – 1997 and Istvan Wirth 1916 – 1982.

**Cryptic Crosswords for Beginners: 6 Session Course**  
Thursdays 23rd, 30th of May and 6th, 13th, 20th and 27th June at 10am

Join Henry Howarth, u3a Subject Adviser for Cryptic Crosswords, for a 6-session course on cryptic crosswords. Please note booking closes on 7th May.



### The tribulation and triumph of Ludwig van Beethoven

Thursday 23 May at 2pm

This is the third of a series of talks illustrating how the creative arts can enhance our wellbeing by Christopher Dowrick of Orrell Park & District u3a.